HONORABLE MENTIONS

A collaboration by DePaul University’s Honors Program

Autumn 2021

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Honors Student Government

DePaul University Honors Program

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On the cover: (from left to right) HSG officers Joana Diaz, Shaayan Bin-Kamran, Ali Arsalanuddin, DIBS, and Anna Lavalley at Vinnie Fest.

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HONORABLE UPDATES
Words from the HSG President

By Elizabeth Whitcomb

Hi Honors Community! My name is Elizabeth Whitcomb and I am serving as the President of Honors Student Government for the 2021-2022 school year. I am a third-year student majoring in political science and minoring in psychology and Spanish. I first got involved with Honors Student Government my first year at DePaul as an Honors Floor representative and last year I served as the Vice President.

The Honors Student Government Executive Board this year might just be the best one yet! I am so grateful to have an amazing team. Ben Stumpe is the Vice President and Honorable Mentions Layout Editor, is always striving to help out wherever possible. Liz Bazzoli has been killing it as Communications Director. They run the HSG Instagram (@hsgspu) and are always ready to make an eye-catching Canva graphic.

The two service chairs, Bethany and Joana, have found great ways for Honors students to volunteer and make positive change in the greater Chicago community. Old lady senior Bethany is serving as a service chair for the third year in a row! We are excited to have her back but do not want to think about her leaving. Joana is a sophomore eager to find the best service opportunities for the Honors Program. And social co-chairs, Zeeshan and Anna know how to bring a good time. They are two creative minds ready to plan cool events for the rest of the year.

Madison and Shayaan, our co-ambassador chairs, are doing a great job of recruiting Honors students to be Honors ambassadors. If you are interested in talking with prospective students about the Honors Program, reach out to these two!

Our academic representatives, Ali and Zach, have successfully represented the views of Honors students at the University Honors Program Council Meeting. For the second year, they are excited to hear how students perceive the Honors Program and relay it to the faculty. Last but not least, Julia is our Honorable Mentions content editor! She is the one who went through every piece in the newsletter you are reading right now. The entire executive board never ceases to surprise me! They are wonderful and always here if you need anything! Now that you know me and the rest of the Executive Board on a first-name basis, I hope you feel more comfortable reaching out whenever needed.

To sound like a broken record, we are living in unique times. Still in a pandemic but living somewhat “normally” whatever that means. Between lockdowns, health scares, and economic downturns, the pandemic was not easy for anyone. We had the unique experience of being students on top of everything that was going on in the world. I know, for me, it felt difficult at times to find a good reason to do school work while the world was burning.

Somehow, we all powered through it. I could not be more excited to be back in person... is what I would ideally say. To be honest, I had lots of anxieties about the transition to campus after a year and a half of hiding in my room staring at a screen. I was worried about burnout, the ongoing effects of the virus, adjusting to in-person classes, managing the workload of “normal” life, my limited social battery, etc. You name it, I had an anxious thought about it. My recognition that school is not what it used to be and my own experiences are driving my role in Honors Student Government. The understanding that just because we are no longer on Zoom does not mean things are easy, is not absent from my brain.

Taking this into account, my goal for Honors Student Government this year is to create a comfortable environment for Honors students to build connections and share their thoughts freely. So far this year, we have been able to achieve this through volunteering at the Chicago Marathon, creating care packages for refugees, participating in Lincoln Park Zoo’s Spooky Zoo, and hosting a costume party/movie night.

During the winter quarter, we plan to have more opportunities to connect with other students and the Honors faculty. I feel thankful to have the opportunity to lead such a great E-board and Honors student body. I look forward to working with you all for the rest of this school year!
Thank You Jennifer!

This quarter the former Honorable Mentions advisor Jennifer Reichle retired from DePaul and we miss her dearly already! Jennifer was also the Assistant Director of the Honors Program, an Honors Advisor for students within CDM, BUS, CMN, MUS and THE, and the faculty advisor for Honors Student Government. We’re sure that many of you have gotten the chance to meet and work with her during your time here at DePaul and feel her absence. We know Jennifer is reading this edition of Honorable Mentions, as she had been the advisor since the first edition in the winter quarter of 2013! So this is a thank you to her for all that she’s done, not only for Honorable Mentions, but for the DePaul Honors Community as a whole!

New Honors Program Offices

The Honors Program office has moved out of the 990 West Fullerton building to the second floor of Arts & Letters Hall. Besides new office space for Honors Program advisors and administration, there is a new lounge area for students.

Honors Program Blog

Have you checked out the Honors Program Blog? Go to dpuhonors.com to see the latest news and updates. You’ll also find information about the Honors curriculum, including detailed descriptions for all topics courses, as well as other useful resources. The Honors Blog has two new student editors-- Liz Bazzoli and Allison Scott-- so check back in January for exciting new content. Interested in writing for the blog? We would love to hear from you! Please email honorsprogram@depaul.edu for more information.
With a new school year, comes a new Honors Student Government Executive Board! These students were voted into these positions during the spring quarter of the 2020-2021 school year, so they have been prepping since the summer! After a whole school year spent virtually, the HSG E-board is very excited to bring HSG back to being in-person. Already this quarter, there have been numerous service and social events, such as volunteering at the Chicago Marathon and a Halloween movie night. There are many more HSG events coming in the winter quarter, so make sure you keep an eye out! Below are pictures of the new E-Board so you can get to know them, don’t be afraid to say hello to them when you see them around campus!

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Communications Director

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Ali Arsalanuddin  
Academic Representative

Shaayan Bin-Kamran  
Ambassador Co-Chair

Madison Hanna  
Ambassador Co-Chair

Julia Matuszek  
Newsletter Content Editor
This October, on the 26th, Honors Student Government held its first in-person social event in over a year. To celebrate Halloween, students gathered in an Arts and Letters classroom dressed in costume. To start the event some competed in a friendly costume contest. Powerpuff girls, an astronaut, a farmer, and several others stood side by side and showed their costumes off to the crowd. After an anonymous vote, sophomores Kate Riley and Lily Baird, dressed as Steve Irwin and an “animal”, reigned victorious. The duo’s show-stopping Australian accents truly won the crowd over.

Students later settled in for a viewing of the Halloween cult-classic film, *Scream* (1996). There was a shared excitement in the room, with audible gasps, laughs, and cheers erupting throughout the film. At the end of the night, the group smiled for a quick picture, stuffed their pockets with candy, and left, happy to have enjoyed each other’s company once again.
The Honors Program Tours
The Art Institute of Chicago

By Natalie Bierdz

I was so excited to see that the Honors Program was holding a guided tour of the Art Institute on September 23rd, and happily went. We met our tour guide in the modern wing, and she gave us a warm welcome. She guided us to the American Art section for a viewing of *American Gothic*.

She explained that the man and woman in the painting were Grant Wood’s dentist and sister, respectively. After a few scattered chuckles, she explained that the piece got its name from the gothic style window at the apex of the small dwelling in the background. I hadn’t known the bit about the models for the couple in the photo, and pondered how one would go about asking their dentist to be a model for a painting.

Then we took a stroll over to the Impressionism exhibit. There we viewed *Paris Street; Rainy Day* by Gustave Caillebotte. Since I had visited the Art Institute before, I was familiar with this painting, although I’d never learned the story of its creation. The artist accomplishes his goal of depicting a Parisian street, and uses balance and perspective within his painting.

My favorite aspect of this piece is the lamp post in the dead center, and the balance it provides for the scene. The tour guide explained that at the time umbrellas were a relatively new tool for staying dry, and their inclusion in the piece marked a new modernity for the Nouveau Riche of France.

Further into the Impressionism exhibit, we viewed *A Sunday on La Grande Jatte* by Georges Seurat. From far away it’s hard to tell that this piece is a collection of colored dots, but the tour guide encouraged us to look closely. I found myself fascinated by the precision and use of different colored dots making up the entire scene.

Around the edge of the painting is a border of what appears to be the colors but inverted. The tour guide informed us that this was later added by Seurat, and that he specifically wanted the piece to be displayed with a white frame to emphasize the complementing border.

After our tour concluded and our guide bid us farewell, I was so grateful for the experience. While wandering aimlessly around the museum is certainly fun, our guide helped us understand the significance, technique, and historical context of the pieces we were shown. I am grateful the Honors Program provided us the opportunity to view art in a deeper way. I definitely plan on returning to the Art Institute and am now heavily considering splurging on the audio tour option!
The 2021 Chicago Marathon

By Julia Matuszek

On October 10th, 2021, the Chicago Marathon took place, after being cancelled last year due to Covid-19. It was an unusually warm day for Chicago in October, which was quite the stark contrast to my experience volunteering at the Marathon two years ago in 2019. Back then I was bundled up in three layers and wool socks to try and keep warm as opposed to my short sleeve t-shirt and marathon jacket wrapped around my waist this year.

While the free volunteer hat and jacket are nice incentives, the real reason I volunteered for the Chicago Marathon again this year was because when I did back in 2019, it was one of the highlights of my freshman year. During quarantine it was a memory my friend Rachel and I often reminisced over. So after waiting for two years, we were very excited to volunteer again. Even with the drastic weather difference, the energy of the Marathon was the same, if not even more lively as to make up for the missed year.

The energy was high, even when the sun was still down. In fact, the sun was down for a large majority of our volunteer time. HSG’s call time was 4:50 am as we already had to be at our assigned station by 5:15 am. While this may seem extremely early, the set-up takes a lot longer than expected so this early start time is a necessity as runners start showing up as early as 8:15 am.

In order to not snooze the alarm clock and oversleep as well as make the start time a positive thing, Rachel and I had a sleepover the night before (which I recommend for the laughs, but I think this did result in even less sleep for us).

After meeting up with the rest of HSG and tiredly making our way to our station at the corner of Clark and Belden, tasks were assigned and we got to work! The main objective for each group was to fill their tables with five levels of stacked cups which contained either Gatorade or water. Let me tell you something, that is not an easy feat. Rachel and I were only able to complete four levels after working nonstop and at a quick pace the whole time, although in our defense I will say we got a delayed start (as you can see I’m bitter we didn’t make it to 5 levels).
Even with only four levels, we were sure that we would have more than enough cups at our table, but we were of course very wrong. Our table was the first water table at Mile 10, so we were the first to run out of cups. It was so busy that a kind bystander father and son started helping Rachel and I set up cups and fill them as runners were coming. Now of course there was more than enough water for everyone, but due to the heat people were very thirsty so as soon as a cup was filled at our table, it was gone the next second.

While it may seem as though filling up cups of water and passing them out isn’t fun, I promise that it actually is. All of the volunteers and bystanders are cheering on the runners and watching them as they run excitedly, some of them in entertaining and unique costumes (like being dressed up as the Pope for example!). This makes the environment very high energy, with loud music playing to help! And as you pass out cups you often lock eyes with a runner and create a quick shared connection you share with them where they say thank you as they run past you. This repeated experience makes you feel appreciated and as though your time and work is being valued which is always a nice feeling. Especially when a runner points out to you out from a distance that they’re coming for your cup, you just feel special!

I highly recommend that each Honors student volunteer at the Chicago Marathon at some point during their time at DePaul. It results in a fun-filled morning where you receive free Marathon merchandise, get your endorphins pumping as you race against the clock to stack your table full of cups, feel valued as you help runners, and get to bond with your fellow Honors students. Spots fill up fast, so keep an eye out next year! I’ll be there for my last and final HSG Marathon volunteer experience and I already can’t wait.

MENTIONS REFLECTIONS

Everybody
Take Your Seats!
By Emily Roy

On October 13th, Honors students had the opportunity to see a preview performance of Everybody, a modern adaptation of a 15th century play, at the Healy Theatre in The Theatre School building. An interesting aspect of this play is the way certain roles are cast: while the actors playing Death, Time, and Love are kept constant, characters such as Everybody, Friendship, and Stuff are determined by lottery. I was beyond excited for this event, because it was my first time seeing a live show since the start of the pandemic. I took my seat as medieval-sounding versions of pop songs played in the background, and waited for the show to begin.

Everybody starts with the Usher preparing us, the audience, for the performance by asking us to turn off all cell phones and put away anything distracting. After providing background on the play, they introduce God, who is upset with his creations. God calls upon Death, his assistant, and asks Death to bring Everybody before him, so Everybody can do a presentation about why they lived the way they have. Death finds the five actors, the Somebodies who are masquerading as audience members, and explains the situation to them.
They are shocked and distressed, begging Death not to make them go. Death concedes that they may bring someone else with them, if they can find anyone willing to make the journey. At this point, the Usher brings out a bingo cage that the Somebodies take turns spinning. Each is left with a different colored ping-pong ball that indicates which character they will play that night. We then follow Everybody as they find someone who will accompany them and begin their journey.

Uncertainty in the face of death, reexamining the way one has lived so far: these are fitting themes for our current moment.

After the performance, I had the chance to ask fellow Honors students to share their opinions. Emma Burkey, a first year Theatre Arts major, “loved all the surprise elements of the show. When the set opened up, I gasped because it was so amazing.” Anna Finerty, a first year Costume Design student, said “My favorite aspect of the show was the commentary on your mind going through the process of death. I was not expecting it to be so thought-provoking and in-depth.” Nina Gentles, a freshman Media and Communications major, enjoyed “just being in the theatre. it’s been so long, so I really enjoyed the experience of seeing it all come together.”

I also had a conversation with Artemis Westover and Liz Bazzoli, both second year Dramaturgy and Criticism majors, who worked on the show. What Artemis enjoyed most “was the process of learning and unlearning. I’ve learned a lot of new stuff about what it’s like to exist in a theatre space.” They recalled walking into the rehearsal room on the first day and feeling “this muscle memory,” that they knew “what to do here, but also it was a completely new space with people I had never met.” “It was very satisfying to see a thing you know intimately take its final form, to be witness to that process,” they said, “The people involved were so talented and invested in the material, their roles, and the show itself.”

Bazzoli, a fellow Honors student, shared, “Working on this play has taught me what it means to be a dramaturg in the rehearsal room. I feel like I have a better understanding of what I want to do in the future and a better appreciation of what I’m doing in school now.” While watching the performance, they realized all of the little things they missed about live theatre: “I was so enthralled by hearing other audience members being in the space with me and hearing actors respond to audience members’ reactions and just playing with that. It’s something you don’t really think about.”

To find out what’s going to be on stage next at The Theatre School, visit https://theatre.depaul.edu/on-stage/Pages/default.aspx.
Returning to campus (or entering for the first time) has encapsulated a wide range of emotions for those involved. As students, staff, employees, and community members have worked to establish themselves into their niches at DePaul University, the accompanying responsibilities of their positions have forced many to reconsider what “normal” would entail.

As a freshman this fall, I’m new to campus; I am just now beginning to establish those niches, find my place, and call the halls I’ve grown to love “home.” Nonetheless, it has been apparent to me that for many, optimism quickly faded into uncertainty, which at this point can seem more familiar than most would care to admit.

To newcomers and natives alike, Chicago is bustling with opportunities—opportunities for academic, social, economic, and cultural growth; opportunities to learn, to create, and to inspire, as well as be inspired; and opportunities to rewrite the disappointments of 2020 into something impactful for the masses.

For upperclassmen, I can imagine it would be daunting to return to a place of security, only for it to look much different—masks, various classroom formats, and restrictive policies for the safety of all are valuable, but come at the price of making student life unlike its preceding appearance. Battling with personal and scholarly pursuits, feeling conflicted about the state of one’s education and fulfillment, and aiming for success in a time that it felt unobtainable is insurmountably difficult, yet it became the reality of many entering the workforce and their careers.

For underclassmen, I can say that it is daunting to mesh with a place, with people, and with an environment without fully understanding what it traditionally involves. Freshmen and sophomores at DePaul are immersing themselves into a world that is foreign beyond commonly-accepted expectations for young adults in a collegiate atmosphere, yet it became the reality of many entering their residences, classrooms, and common spaces for the first time this fall.

To staff members of the University, I imagine it has been a grueling path to take, seeking to continue in aiding others’ prosperity in and out of the classroom, as well as maintaining one’s own endeavors. Doing so in nonideal situations and settings has been at the forefront of this venture, yet seemingly overnight, it became the reality of many educators and contributors to all that DePaul has to offer. I cannot express enough how grateful many students, including myself, are for the continuation of educational resources and options provided in an effort to adapt to the difficulties resulting from the pandemic.

I think that now more than ever, this enforces the importance of the Vincentian ideals that our university thrives upon: asking ourselves repeatedly, for the benefit of ourselves and others, “What must be done?”

“What must be done” to enhance our home, our communities, and our commitment to inclusion here at DePaul?

“What must be done” to embrace the changes seen on campus and make the most of new challenges and opportunities alike as they arise here at DePaul?

“What must be done” to put ourselves in the best positions to succeed so that others may be inspired to do the same here at DePaul?

There is an endless supply of questions to be asked about the good that can be crafted from confrontation with hardships, and here at DePaul, it’s time to ask these questions with vigor and the hope that our return to campus will be memorable and meaningful.
Alumni Interview: Nicole Gronke

By Rachel Hannigan

Nicole is a graduate of the DePaul Honors Program with a BS in Health Sciences and Psychology. Afterwards, she attended UIC for a Master’s in Nursing. Since then, she has been working at Shriner’s Children Hospital of Chicago, as well as working as an Assistant Professor for the Nursing Department of Alverno College in Milwaukee, Wisconsin. She is also working on her Doctor of Nursing Practice in pediatric acute care at UIC.

Since graduating from DePaul, what jobs have you had the opportunity to apply for?

“My honors degree from DePaul made me a strong candidate for a difficult and selective masters program.”

Since graduating, Nicole has had her share of professional development and job opportunities. After getting her Master’s degree from UIC following her graduation from DePaul, Nicole was given ample opportunity to begin and develop her career as a bedside nurse, as well as continue her higher education. Due to these opportunities, Nicole has been very successful working as a “Registered Nurse (RN) and professor of Pediatric Nursing”.

How has COVID-19 affected work for you in the past year and a half?

“I work with children who are undergoing surgeries and rehabilitation.”

As a nurse, Nicole’s work has not been affected very much. Pre-pandemic, she worked with children who were about to undergo surgeries and rehabilitation, and she has continued to do so throughout the pandemic. As the rest of the world has had to adjust to, the only change that came about in Nicole’s work was their mask and other COVID-related protocols. As far as being a professor goes, Nicole’s work was moved entirely online for the spring and fall of 2020.

What was your favorite thing about being involved in the Honors Program at DePaul?

“The people.”

Although there are many things about the Honors Program at DePaul that Nicole loved (and continues to love) her favorite thing were the people. Some of her best friends came from the Honors Program, and she keeps in contact with them to this day. The small class sizes are perfect for this opportunity, Nicole says.

What advice do you have for graduating honors seniors?

“Do something you’re passionate about.”

The most important piece of advice that Nicole has is passion. “If you don’t know what that is quite yet, take time to self-reflect and figure it out!” Work doesn’t feel like work when it’s something you’re passionate about!
Honors Tattoo Survey
By Julia Matuszek

In an effort to celebrate tattoos, the Honorable Mentions team sent out a survey to the Honors student population to see what kind of tattoos could be found within the Honors Program.

As seen through our wide variety of responses, there’s no one reason to get a tattoo. Some reasons behind tattoos include wanting the tattoo to act as a reminder, a homage, good luck, or just because the person simply wanted to, to name a few. Here are just a few of the tattoos that can be found in the Honors student population.

Name
Anonymous
Tattoo
The words “Break Tradition” along my forearm

I got this tattoo as a reminder to break the cyclical nature of generational trauma. My family has a long history of addiction and substance abuse issues as well as mental health issues that went unaddressed and therefore worsened for a very long time. Throughout my childhood, seeing my father struggle with these same issues and the way they inflicted pain in my own life and his made me think that I wanted to be the one to make a difference in my family, make an effort to stop these cycles of abuse, and pursue help. Whenever I look down at it, it always reminds me to be brave, persevere, and face my fears head on.

Name
Kaitlyn Young
Tattoo
Angel wings and a halo

I got this tattoo in honor of my grandfather when he past. He was the father figure in my life so I got this tattoo to remind me that he is still watching over me.

Name
Kathy Thompson
Tattoo
An ampersand (the “and” sign)

Improv has been a really important part of my life since I was in middle school and the first rule that you learn in improv is “yes, and” so I have adopted that as my life motto. Say yes to the things life throws my way and chose to grow from or add on to them.
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Name
Anonymous

Tattoo
A snake

No reason, I just thought it was cool.

Name
Serena Schalk

Tattoo
An arrow with symbols along the shaft

The arrow itself is because I am aromantic, which is often shortened to aro. Arrow/aro. The arrow head is in the shape of a space because I am also asexual, which is often shortened to ace. Ace of Spades/ace. The top symbol means 'deep breath' and the bottom one means 'I am free from anxiety' because I struggle with anxiety.

Name
Anonymous

Tattoo
The malocchio (the evil eye in Italian)

The malocchio symbolizes bad luck and jealousy. The way to ward off the bad luck of the malocchio is by also wearing the cornicello, which I wear as a pendant around my neck!

Name
Maddie Barker

Tattoo
It’s an outline of my cat sleeping!

I miss my cat so much at college, I wanted a reminder of her :)

Name
Zoe Ryan

Tattoo
This is a black outline of a heart on the back of my neck

My suitemate did this for me during the polar vortex our freshman year. I decided to get it because I once had a dream that my soulmate drew a heart on the back of my neck with sharpie.
Living within our generation, climate change has always been an unavoidable topic. I find myself talking regularly about the climate crisis with many of my friends, with the majority of us expressing concerns for our futures.

It’s an understandable worry, especially as we have been experiencing more extreme weather over the past couple of years, placing danger closer to home and more evident than before. I wonder sometimes if it’s a crisis we cannot reverse, what changes could possibly be made to help solve the ever growing issues?

While it’s understandable for us to be worried about the unknown future ahead, I realized the negative mindset I had about climate change only contributes towards the overarching belief that we’re at a point of no return. We aren’t. There’s still promise and hope, especially as world leaders head into the United Nations Climate Change Conference (also referred to as COP26) this November to discuss climate progress.

HON 208: Climate Change Communication with Dr. Jill Hopke has not only helped me shift to a positive mindset towards climate change but it has also taught me how to communicate issues of the climate crisis and understand professional climate change discussions.

Some topics we learn in this class include the public opinion of climate change and its societal effects, climate skepticism and denial, journalism coverage of climate change, as well as climate change in pop culture.

Even if you don’t have extensive knowledge on climate change, this class is great for students with any major to learn more about how climate change is communicated within our society as well as the effect even our own mindsets can have while discussing the issue.

HON 208: Climate Change Communication is definitely an Honors class I would recommend taking as climate change affects all of us, and we can all make a difference with a positive mindset towards the issue. Keep this class in the back of your mind next time class registration rolls around!
Autumn Movie Recommendations

By Ellie Shelton

It is that time of year! The leaves are falling, classwork is quickly piling up, and I can never quite figure out if I should wear shorts or winter gear to class. One of my favorite activities to enjoy the Fall spirit is to grab some apple cider, my favorite snacks (my personal favorite is a box of Hello Panda), order some Chinese food, and watch a great movie. Here are some of my favorite movies that I have enjoyed in the autumn!

**Rocky Horror Picture Show (1975)**

If you have never seen *Rocky Horror Picture Show*, you are missing out. Not only does the film have some of the BEST music I have ever encountered (“There’s a Light” is my favorite!) but it is a cult classic you and your friends will quickly learn to love. The film itself is so bad it is good and will have you singing along with its incredible music.

**BONUS:** If you are looking for a wonderful experience, look for some nearby showings! Part of the fun is seeing it in a theater and experiencing the callouts that the audience does. Don’t feel intimidated, no one really knows what they are doing the first time! Once you see it live, you'll never go back.

*Rocky Horror Picture Show* is currently available to stream through Amazon Prime and Hulu.

**Midsommar (2019)**

This is by far the most disturbing movie I have ever seen. It is most definitely NOT for the faint of heart. If you are looking for something that will keep you up at night, *Midsommar* is the movie for you. Florence Pugh’s performance is incredible, and your jaw will be on the floor from the first scene. My only suggestion: do not watch the Director’s cut. It is much too long.

*Midsommar* is currently available to stream on Amazon Prime.

**The Edge of Seventeen (2016)**

Feeling a little nostalgic? Yeah, me too. This movie has a banging soundtrack and totally encapsulates the high school experience. It will bring you back to the awkwardness of talking to the new kid, losing friends, and everything in between. *The Edge of Seventeen* never fails to bring me back to some of my favorite memories from my earlier teenage years.

*The Edge of Seventeen* is currently available to stream on Netflix.

**Rio (2011)**

On my first night at DePaul, my roommate and I set up our Roku (after about an hour of me yelling at my TV) and put on *Rio*. While I am most definitely biased, as it is one of my favorite movies, this is one of the best children’s movies ever made. The music alone is enough to argue this film’s noteworthiness. If you are still hanging on to the last bits of summer, this will help fulfill your ache.

*Rio* is currently available to stream on Disney Plus.

**He’s All That (2021)**

This movie is one of the worst movies I have ever seen, however, it is also one of the most fun to watch. If you are looking for a movie that you and your friends can just make fun of, this is it. My roommates and I are still singing the song that Jordan Van Draanen performs in the beginning. Bonus points if you can count the number of brand deals that are in it (it is a lot).

*He’s All That* is exclusively streaming on Netflix.
One of DePaul’s lesser known club sports is Women’s Rugby. When I joined DePaul, I didn’t know there was a rugby team. I walked past their booth at the Involvement Fair in early September, and they were extremely enthusiastic about having people join their team. I had watched the Women’s Rugby 7’s all throughout the most recent Summer Olympics, so I thought I was ready to join the team. I put my name down on the sign-up sheet and showed up to the first meeting. I was sure I was ready.

I was wrong. I had no idea how physically demanding rugby was. On top of that, I had never played a contact sport before, and this sport is definitely contact heavy. After getting knocked around at the first practice, I wasn’t sure that I wanted to return. I mean, I wanted to, but I wasn’t sure that I should.

But, as I was reassured at the Involvement Fair, the DePaul Women’s Rugby team is for players of ALL experience levels - including none. Subsequently, including me. I continued showing up, and I was ready to play our first game. We showed up at UChicago, bright and early, ready to play our first rugby game of the season. The timer began, the ball was kicked, and we had started. I was officially a rugger!

After 80 minutes of playing … we lost. But, for many of us, it was our first game, and we were still getting used to the rules. So, if you take that into account, we didn’t do that bad! In all honesty, win or lose, the game is just pure fun. It’s fun to give your all while playing the game, it’s fun to meet other rugby players at other Illinois schools, and it’s fun to be surrounded by your teammates. Unfortunately, there is no DePaul Men’s Rugby team, but come out to support the women’s team next season!

Just remember…Saturday’s a rugby day!!!
“I want to be the Brown line for Halloween.”

“Onions are vastly underappreciated. I’m gonna change that.”

“I think I have a class in the dining room?”

“I wish Thanksgiving was on a Friday for once!”

“It’s a no bones day, so don’t judge my outfit.”

“Who runs the dpuaffirmations account?”

“My goal is to cry in every bathroom on campus. So far I’ve done 7.”

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Feeling cut off from others is a normal part of life, but with COVID-19 lockdowns and the frequent acts of self-isolation that occur due to the virus, this experience has become incredibly recurrent. I took these photos last spring to further emphasize the idea of isolation that I, along with many others, have felt during this pandemic.
Comics (Slices of Life)

By Aimun Anwer

Cat Chronicles

Rainy Days - Lost Child

Aimun Anwer
“Do all in a spirit of gentleness and love.”
- Louise de Marillac